



PE Curriculum Map for Holden Lane Primary 2022/2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS2	Gross Motor Movements	Manipulation of Objects	Dance/ Gymnastics	Hand Eye Co-Ordination & Object Control	Body Shape Development	Athletics
Year 1	Multi Skills	Dance Unit 1	Gymnastics	Games Unit 1	Games Unit 1	Athletics
Year 2	Games Unit 1	Gymnastics	Dance Unit 2	Games Unit 2	Sending and Receiving	Athletics
Year 3	Fundamental Movements and Outdoor & Adventurous	Invasion Football	Dance Unit 3	Invasion Tag Rugby	Net/Wall	Athletics (Track & Field)
Year 4	Fundamental Movements and Outdoor & Adventurous	Gymnastics	Invasion	Invasion	Striking and Fielding	Athletics (Track & Field)
Year 5	Fundamental Movements and Outdoor & Adventurous	Gymnastics	Invasion	Dance Unit 5	Net/Wall Tennis	Athletics (Track & Field)
Year 6	Fundamental Movements and Outdoor & Adventurous	Dance Unit 6	Dance Unit 6	Dance Unit 6	Striking and Fielding Cricket & Rounders	Athletics (Track & Field)