



HOLDEN LANE PRIMARY SAFEGUARDING NEWSLETTER



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At Holden Lane Primary School, safeguarding and promoting the well-being of our children is everyone's responsibility and our top priority. Anyone who comes into contact with our children and their families has a role to play.

WHAT IS THE ROLE OF THE SAFEGUARDING LEAD?

Miss Thomas is the Designated Safeguarding Lead (DSL) here at Holden Lane Primary School, she has a crucial role in taking the lead responsibility for child protection issues in the school.

Mrs Reece is the Deputy Safeguarding Lead (DSL) and Head of Pastoral Care. She is a member of the school's senior leadership team and is highly trained for this role.

Joanne Powell-Beckett is our Chair of Governors. She is the Safeguarding Governor for Holden Lane Primary School.

A DSL or a member of our safeguarding team is always available during school hours for staff to discuss any safeguarding concerns and we are always contactable by telephone or email outside of school hours.



ANTI-BULLYING QUALITY MARK GOLD AWARD

We are delighted to announce that our school has been successful in achieving the Anti-bullying Quality Mark Gold Award. We are the first school in England to achieve this prestigious award. Very well done Holden Lane!

The Anti-Bullying Quality Mark is a national scheme which endorses how good schools are at preventing bullying. It challenges them to establish effective, sustainable anti-bullying policies and strategies.

Holden Lane Primary School is the first school in England to achieve the ABQM-UK Gold Award because staff, students, families and Governors demonstrated that anti-bullying has had a significant impact on the community.

The pupils and staff have worked really hard to build a safe and supportive environment for expressing their feelings and managing their behaviour.

This means that pupils are far less likely to get involved in bullying behaviour. They have also built a culture of respect and understanding which means that trusting friendships and adult-pupil relationships can thrive.

We would like to congratulate Sharon Reece for her resilience and dedication to securing this really impressive achievement for the Holden Lane community, as well as her colleagues, governors, pupils and parents/carers for their commitment to anti-bullying. We hope that the Gold Award recognises their efforts and inspires them to continue to strengthen their anti-bullying policy and practice for the benefit of the local community.

STOP BULLYING



If you are being, or feel you are being bullied, in or out of school or online, please head to the anti-bullying page of our website and **click the button to report it.**



SAFEGUARDING... ...THE PREVENT DUTY

If you need to report suspicious, harmful or illegal information you have seen on the internet, please head to the safeguarding page of our website and **click the button to report it anonymously.**



Button Batteries Be aware!

Button batteries power everyday objects like car key fobs, remotes and children's toys. But did you know that if they are swallowed they can badly injure, or even kill a child?

Batteries react with saliva and if a child swallows a button battery it can burn holes and cause internal bleeding, or even death. Tragically, a young child in Staffordshire has recently died from ingesting a button battery.

How to keep children safe

- Store spare batteries securely, out of reach
- Know which toys/gadgets use button batteries, check your home
- Get rid of 'dead' button batteries immediately – they still have enough power to harm children
- Teach older children the dangers – why they shouldn't play with them or give them to younger children
- Place strong tape over the battery compartment on remote controls

Be aware!

Symptoms may not be obvious. Your child might be coughing, gagging or drooling, or pointing to their throat or tummy. Unclear or fluctuating symptoms mean it's important to be vigilant, trust your instincts and act fast even if there are no symptoms.

If you think your child has swallowed a battery, take them straight to the nearest A&E department or call 999 for an ambulance

For further information visit:
<https://www.capt.org.uk/button-battery-safety>
Or <https://www.rospa.com/home-safety/advice/product/button-batteries>



ChildLine

0800 1111



however you feel, ChildLine is here for you.
Call free, day or night on 0800 1111. Or if you're deaf, hard of hearing or speech impaired, textphone 0800 400 222. ChildLine is a service provided by the NSPCC.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED
Playing online games together with your child or carer using a social media app (providing they're old enough) is not only fun but also an excellent way of establishing common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING
Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT
Observe your child while they're using technology and just offer them a hand if they're struggling. Possible signs of a problem may include: withdrawing, jumping or outbursts, or repeatedly checking their phone when they feel it's the right time. You may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN
When conversations about online bullying do take place, they're likely to be difficult, and you'll be updating for both you and your child. Actively listen to your child while they're bringing you up to speed, and try to avoid any judgement or criticism – just help them with the situation in exactly how they would have hoped.

6. EMPOWER YOUR CHILD
Depending on their age, your child may not have enough "fighting their battles for them" – that case, talk through their options with them (blocking the perpetrator, deleting the app and so on), by choosing the app and to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE
Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY
Protecting themselves online is the priority, of course, but young people should also feel confident enough to call someone out on their abusive behaviour online. They can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE
Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE
If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to:
 - **Childline:** talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support
 - **National Bullying Helpline:** counsellors are available on 0845 325 5767 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html
 - **The NSPCC:** the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

Meet Our Expert
Dr Claire Sutcliffe is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

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Summer holidays – Parents guide to help keep children safe online

School's out for summer!

It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.

A Parent's Guide to Social Media
A Parent's Guide to Sharing Pictures
A Parent's Guide to Gaming
A Parent's Guide to Live Streaming
A Parent's Guide to Online Grooming
A Parent's Guide to Online Intimidators
A Parent's Guide to Fake News
A Parent's Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Keeping children safe online www.skipssafetynet.org

What Parents & Carers Need to Know about ANIME

Anime, which originates from Japan, is currently one of the most popular sources of entertainment in the world. This style of animation goes back to the mid 20th century with a broad audience. Video games, anime, and manga are often referred to as the "Big Three" of Japanese pop culture. Cyber-bullying is an online safety issue that can affect anyone, but it is particularly prevalent in the anime community. This guide provides advice for parents and carers on how to keep their children safe from cyber-bullying and other online risks.

WHAT ARE THE RISKS?
Anime, which originates from Japan, is currently one of the most popular sources of entertainment in the world. This style of animation goes back to the mid 20th century with a broad audience. Video games, anime, and manga are often referred to as the "Big Three" of Japanese pop culture. Cyber-bullying is an online safety issue that can affect anyone, but it is particularly prevalent in the anime community. This guide provides advice for parents and carers on how to keep their children safe from cyber-bullying and other online risks.

INAPPROPRIATE CONTENT
Some anime shows contain violent, sexual, or otherwise inappropriate content. Parents should be aware of the content of the anime their children are watching and ensure it is appropriate for their age.

COMMON CROSSOVERS
It is easy for children to get confused between anime, manga, and video games. Parents should be aware of the content of the anime their children are watching and ensure it is appropriate for their age.

DECENT APPEARANCE
It is easy for children to get confused between anime, manga, and video games. Parents should be aware of the content of the anime their children are watching and ensure it is appropriate for their age.

DO YOUR RESEARCH
Before allowing your child to watch anime, research the content and ensure it is appropriate for their age.

WATCH WITH YOUR CHILD
Watching anime with your child can help you understand the content and ensure it is appropriate for their age.

IT'S NOT JUST TV
Anime is not just on TV, it is also available on the internet. Parents should be aware of the content of the anime their children are watching and ensure it is appropriate for their age.

CHECK GAMES' FEATURES
Many anime games have chat features. Parents should be aware of the content of the anime their children are watching and ensure it is appropriate for their age.

Meet Our Expert
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ALWAYS FOLLOW THE WATER SAFETY CODE

Whenever you are around water:

STOP AND THINK
Take time to assess your surroundings. Look for the dangers and always research local signs and advice.

STAY TOGETHER
When around water always go with friends or family. Swim at a lifeguarded venue.

Call 999
Ask for the Fire and Rescue Service when inland and at the Coastguard if at the coast. Don't enter the water to rescue.

FLOAT
Fall in or become tired – stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.

Enjoy Water Safety

Learn basic lifesaving and CPR skills. Visit www.rlss.org.uk

ROYAL LIFE SAVING SOCIETY UK

Wellbeing Working Group Members:

Mrs Reece – Head of Pastoral Care
 Mrs Pellington – School Business Manager
 Mrs Condliffe – SENCO
 Mrs Lovatt – Year 2 class teacher/PHSE Leader
 Mrs Kent – Senior Teaching Assistant

Mr Edwards – Co-opted Governor, Vice Chair of Governors
 Mrs James – LA Governor
 Mrs Lovatt – Parent Governor
 Mrs Bradbury – Parent Governor

